PENN STATE – ALTOONA

Workers' Compensation Program: Designated Health Care Providers

NOTICE TO EMPLOYEES IN CASE OF WORK-RELATED INJURIES

If you suffer a work-related injury, immediately report the injury to your supervisor. Failure to do so may delay your benefits or may cause you to lose your rights to benefits. For necessary medical treatment and supplies to be paid by your employer:

- All treatment must be obtained from one of the healthcare providers listed below.

- You must continue to visit one of the healthcare providers listed below if you need treatment for 90 days from the date of your first visit. If one of the providers listed below refers you to another licensed specialist, those services will be paid.

- After this 90-day period, if you still need treatment, you may go to another healthcare provider for treatment as long as you notify your claims adjuster within five (5) days of your visit to a new provider.

- If a listed physician prescribes invasive surgery, you have the right to obtain a second opinion from a physician of your choice. If a second opinion differs from that of the listed physician's opinion, you may determine which course of treatment to follow; however, the second opinion must contain a detailed treatment plan. If you choose the treatment prescribed in the second opinion, you must receive the treatment from a listed provider for a period of 90 days after the date of your visit to the provider of the second opinion.

If you are faced with a medical emergency, you may secure initial emergency treatment from any emergency facility. However, when the emergency is resolved, follow-up treatment must be obtained from one of the following healthcare providers. If you choose to treat with an out-of-state provider, you may be subject to balance billing.

NAME OF PROVIDER	STREET	CITY, STATE, ZIP	PHONE	SPECIALTY
UPMC Healthforce	1516 Ninth Avenue	Altoona, PA 16602	814.843.0536	Occ. Medicine
Nason Occupational Health	105 Nason Drive	Roaring Spring, PA	814.224.6266	Occ. Medicine
***Penn State Occ. Medicine** Philip Bosha, MD Roberta Millard, MD	1850 E. Park Ave., Ste. 310	State College, PA	814.863.8492	Occ. Medicine
***Penn State Occ. Medicine** Kim Handel, CRNP	1850 E. Park Ave., Ste. 310	State College, PA	814.863.8492	Occ. Medicine
William A. Tyndall, MD	3000 Fairway Drive	Altoona, PA 16602	814.231.2101 Opt. 3	Orthopedics
Heidi Murphy, PA-C John M. Vargo, Jr., PA-C	3000 Fairway Drive	Altoona, PA 16602	814.231.2101 Opt. 3	Orthopedics
Dr. Stephen Engroff MD/DDS	200 West Beaver Avenue	State College, PA	814.238.0587	Oral Surgery
Altoona Ophthalmology	600 E. Pleasant Valley Blvd.	Altoona, PA 16602	814.946.0821	Ophthalmology
Drayer Physical Therapy	3120 Pleasant Valley Blvd.	Altoona, PA 16602	866.446.2848	Physical Therapy
Phoenix Rehabilitation	2032 E. Pleasant Valley Blvd. #3	Altoona, PA 16602	866.446.2848	Physical Therapy

** Provider is a Penn State employee*

FOR PRESCRIPTION MEDICATIONS AND DURABLE MEDICAL EQUIPMENT OR TO SCHEDULE PHYSICAL THERAPY AND DIAGNOSTIC IMAGING APPOINTMENTS, AND LOCATIONS CLOSE TO YOU, PLEASE CALL KEYSCRIPTS AT 1.866.446.2848.

Requests for additional information should be directed to:
Penn State Absence Management, The 329 Building, Suite 406
Phone: 814.865.1782 - Fax: 814.863.6227