What do I do if I think I have, or have been exposed to COVID-19?

I have COVID-19 symptoms:
- Fever
- Cough
- Shortness of breath or difficulty breathing
- Diarrhea
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

I have traveled outside of Pennsylvania.

I have had close contact with someone who has been diagnosed with COVID-19 OR has COVID-19 symptoms.

I have tested positive for COVID-19.

I have had close contact with someone who has been diagnosed with COVID-19 OR has COVID-19 symptoms.

1. Please review the pa.gov website.
   If you have any questions, contact Occupational Medicine at psuoccmed@psu.edu or call 814-863-8492.
   If necessary, Occ. Med. will notify your supervisor & Absence Mgt. on your behalf.

1. Stay home.
2. Call your primary care physician.
3. Contact Occupational Medicine at psuoccmed@psu.edu or call 814-863-8492.
4. Occ. Med. will determine if you have had close contact with other employees & will refer you for contact tracing.

   If necessary, Occ. Med. will notify your supervisor & Absence Mgt. on your behalf.

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If you are currently working remotely, please use your best judgement regarding exposure to others and taking time off for illness.

Examples outlined above may require a return to work release.

More information is available on the Return to Work website.