

**THE PENNSYLVANIA STATE UNIVERSITY
AGRICULTURAL EXTENSION OFFICE
(CAMBRIA COUNTY)**

1. If you suffer a work-related injury, your employer or its insurance company must pay for reasonable surgical and medical services and supplies, orthopedic appliances and prosthesis, including training in their use.
2. In order to ensure that your medical treatment will be paid for by your employer or the insurance company, you must select from one of the following health care providers:

**TO ENSURE PROMPT APPOINTMENTS WITH THE BELOW PHYSICIANS OR
WORKWELL NETWORK PROVIDER PLEASE CALL 1-800-662-2400**

OCCUPATIONAL MEDICINE

Corporate Care Services
1450 Scalp Avenue, Ste 106
Johnstown, PA 15904
Scheduling 1-800-662-2400

OCCUPATIONAL MEDICINE

Corporate Care Services
1104 West High Street
Ebensburg, PA 15931
Scheduling 1-800-662-2400

OCCUPATIONAL MEDICINE

WorkPlace Health
338 Bloomfield Street, Suite 101
Johnstown, PA 15904
Scheduling 1-800-662-2400

URGENT CARE

MedExpress Urgent Care
1221 Scalp Avenue
Johnstown, PA 15904
Scheduling 1-800-662-2400

OPHTHALMOLOGY

Joseph Polito, M.D.
120 Main Street
Johnstown, PA 15901
Scheduling 1-800-662-2400

ORTHOPEDECS

Trevor Yardley, M.D.
411 Theater Drive
Johnstown, PA 15904
Scheduling 1-800-662-2400

ORTHOPEDECS

Peter Ridella, M.D.
236 Jamesway Road
Ebensburg, PA 15931
Scheduling 1-800-662-2400

NEUROSURGERY

Zafar Chowdry, M.D.
881 Hospital Road
Indiana, PA 15701
Scheduling 1-800-662-2400

NEUROSURGERY

Kevin Zirnay, M.D.
1111 Franklin Street, Suite 130
Johnstown, PA 15905
Scheduling 1-800-662-2400

PHARMACY/PRESCRIPTIONS

TMESYS (a PMSI program)
800-964-2531

You must continue to visit one of the physicians listed above, if you need treatment, for ninety (90) days from the date of your first visit.

3. If one of the persons above refers you to another licensed specialist, your employer or their insurer will pay the bill for these services.
4. After this ninety (90) day period, if you still need treatment and your employer has provided a list as set forth above, you may choose to go to another health care provider for treatment. You should notify your employer of this action within five days of your visit to said provider.
5. If a physician on the list prescribes invasive surgery, you may obtain a second opinion from any physician of your choice. If the second opinion is different than the listed physician's opinion, you may determine which course of treatment to follow; however, the second opinion must contain a specific and detailed treatment plan. If you choose the second opinion, the procedures in that opinion must be performed by one of the physicians on the list for the first ninety (90) days.
6. If you are faced with a medical emergency, you may secure assistance from a hospital, physician, or health care provider of your choice for your work-related injury. However, when the emergency is resolved, you must seek treatment from a provider on the above list.